

COURSE

INFORMATION

Document ID

1(10)

2022-12-07

Date

Issued by Jens Berglund

Classification Export Control NOT EXPORT CONTROLLED

Classification Company Confidentiality

Issue

COMPANY RESTRICTED

Classification Defence Secrecy NOT CLASSIFIED

Course information Deployment Ready Training Part 1

(Deployment Ready Training is also referred to as DRT in this document.)

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1 INTRODUCTION

Saab will only send its personnel to risk areas after careful considerations of the risks and after structured preparations have been planned and implemented. The increased presence in countries with complex situations has highlighted the need for greater knowledge of international risk environments. The exact requirements vary from area to area.

The baseline for operating in high-risk countries is that Saab judge the exposure to risks as manageable. In order to make the risks manageable, Saab understands and adapts the operations accordingly and where possible will mitigate the risk completely. Deployment Ready Training (DRT) is a time effective course concept that deals with general security problems that commonly occur in high-risk areas. The training standards that have been put in place ensure that the highest standard of training delivery is provided. The course topics are relevant and current, they are delivered at a pace that ensures the participants learn and retain the knowledge. The course subjects ensure that participants are ready to deploy, making them more effective and at the same time meeting the legal requirements for employers and employees. Courses are subject to internal and external evaluation and comply with all quality assurance (QA) requirements

DRT does not only enable employees to understand and comply with regulations, it provides them with the necessary knowledge to manage risks on site by teaching practical life-saving skills and techniques. The equipment and techniques are state of the art. The instructors and operating procedures follow the highest professional standards and best practices.

Self-awareness and knowledge of your team's capabilities is obtained through exposure to challenges. Therefore, DRT encompasses decision-making under pressure, encountering the unknown and the ability to improvise. It has been proven that groups who have successfully dealt with difficult situations during training will feel more prepared and become more self-confident and effective, both as teams and as individuals. The course content also lends itself to be used as a team building phase prior to deployment. For those personnel deploying with a family, knowing that lifesaving skills have been taught to other family members removes a certain amount of pressure and makes for a more focused attitude when working abroad.

DRT 1 - The focus is to facilitate operations in environments with weak infrastructure where first responders such as ambulance and fire departments are insufficient and/or not immediately accessible. DRT1 focuses on how to provide advanced level capabilities in first aid and trauma care within the so called "Golden Hour", the time scale required for casualties to get from point of injury to being under the care of medical professionals. The course includes daily health care and medical self-management routines for sustained operational capabilities in testing and often harsh environments.

1.1 DEPLOYMENT READY TRAINING – AIMS

Risk Level	Category	Deployment
Medium	Expatriates and family members > 12 years old Personnel outside of "the golden	> 6 month All durations
	hour"	
High	Business travellers, their managers and	> 3 days
	directly involved supporting staff	
Extreme	Business travellers, their managers and	All durations
	directly involved supporting staff	

1.2 Aim of DRT 1

The aim of DRT 1 is to provide participants with the necessary skills to confidently act as a First Responder in a trauma situation, to maintain personal health in a challenging environment and understand how to contact professional support.

This is achieved by: Knowledge, skills and understanding of the following equipment and practices as issued and controlled by Saab.

•	Individual / Unit Trauma Kit	ITK/UTK
•	Individual/ unit medical kit	IMK1/UMK
•	Unit Medicine Kit	UMK
•	Sterile Travel Kit	STK
•	Defibrillator	DEF
•	Tropical Work Gear	TWG
•	Field Rations	FR
•	Doctor on call (Tele medicine)	TM/IMK2

1.2.1 Type of training

Lessons will be theoretical, practical and scenario-based. Training will involve lessons that are delivered both indoors and outdoors, the training facility will provide space for both theory lessons and practical lessons with confirmation exercises being conducted outside.

1.2.2 Scope

See paragraph 2. 4

•	Journey Management System	JMS
•	Situational Report	SITREP

• All equipment required for DRT1

2 DEPLOYMENT READY CONTENT

2.1 Theory lessons T1–5

T 1 A	Introduction DRT 1	DRT 1
T 2	Medical Accessibility/Golden Hour, emergency support	DRT 1
T 3	Doctor on call (Tele-medicine)	DRT 1
T 4	Daily healthcare, Tropical medicine, TWG DRT 1	
T 5	Co-worker support	DRT 1
2.2	Practical exercises P1–5	
2.2 P 1	Practical exercises P1–5 L-ABCDE, Part 1	DRT 1
		DRT 1 DRT 1
P 1	L-ABCDE, Part 1	
P 1 P 2	L-ABCDE, Part 1 CPR & movement of a casualty	DRT 1

2.3 Course programme, Deployment Ready Training Part 1

This is a course programme that applies to most DRT 1 courses. For practical reasons, there are variations in certain courses. The start and end times are listed on the Competence portal.

Time	Activity	Remarks
Day 1		
13:00–13:30	Start: Registration	Indoor training facility
	T 1A, Introduction	
	T 2, Golden Hour, emergency support	
	T 3, Doctor on call (tele-medicine)	
13:30–14:00	P 1, L-ABCDE & equipment	Indoor training facility
14:00–14:15	Break	
14:15–15:30	P 4, L-ABCDE	Indoor training facility
15:30–15:45	Tea/coffee	
15:45-17:00	P 2, CPR & movement of casualty	Indoor training
	P 3, Neck collar, fracture stabilisation	facility/outdoor exercise
17:00-17:10	Break	
17:10–18:25	P 2 CPR & movement casualty	Indoor training
	P 3 Neck collar, fracture stabilisation	facility/outdoor exercise
18:25-19:00	Dinner, field rations	
19:00-20:00	P 4 L-ABCDE (This lesson is Pass/Fail)	Indoor training facility
Day 2		
07:30-09:00	T 4 Daily healthcare, Tropical medicine, TWG	Indoor training facility
09:00-09:15	Tea/coffee	
09:15-09:30	T 5, Co-worker support	Indoor training facility
09:30-11:30	P 5, Summation scenario, trauma (This lesson is Pass/Fail)	Outdoor exercise
11:30-12:00	Endex, diploma, equip, etc. course photo	Indoor training facility

3 COURSE ADMINISTRATION AND PREPARATIONS

3.1 General

3.1.1 Selection of participants

The course is primarily intended for business travellers travelling to destinations with risk levels of HIGH or EXTREME. Completion of DRT 1 is required before taking DRT 2. Line managers should where possible, forecast DRT attendance for personnel prior to their deployment. Whilst all personnel are encouraged to take part in DRT there may be a requirement to prioritise places should courses become oversubscribed, the priority will be as follows:

- Business travellers to Extreme Risk Areas
- Business travellers to High Risk Areas
- Ex Pats and families to Medium Risk Areas
- Business travellers to Medium Risk Areas to places not within the "Golden Hour"
- Managers of risk area business travellers
- Personnel directly involved in supporting risk area business travellers

3.1.2 Expectations of the participants

Participants are required to attend the entire course. Participants are expected to actively take part in all training exercises. Attendance and the results from each part of the course are recorded on the Attendance and Results Report, DRT 1 and 2.

There is no time during the scheduled period to conduct duties other than those related to the course. Participants should plan travel so that they can be present during the entire duration of the course. Course times are listed in the Competence portal. The courses are "pass or fail", if a participant does not meet the required standards, is deemed to not actively take part or is absent during phases of training then they may not be eligible to receive a pass grade. The results will be passed to the participants line managers and there may be a requirement to complete the course again.

3.1.3 Information for participants

Course information (this document) is provided to participants before the course begins. Necessary additional information concerning times, location and equipment will be provided for each course.

3.1.4 Date, time and location

tis 13 dec. 2022 13:00 Central European Time (Stockholm)	ons 14 dec. 2022 12:00 Central European Time (Stockholm)	Järfälla - Nettovägen 6
tis 10 jan. 2023 13:00 Central European Time (Stockholm)	ons 11 jan. 2023 12:00 Central European Time (Stockholm)	Göteborg - Solhusgatan 10
tis 24 jan. 2023 13:00 Central European Time (Stockholm)	ons 25 jan. 2023 12:00 Central European Time (Stockholm)	Karlskoga - Boforsverken, Boforsvägen
tis 7 feb. 2023 13:00 Central European Time (Stockholm)	ons 8 feb. 2023 12:00 Central European Time (Stockholm)	Jönköping - Östra Storgatan 3
tis 14 feb. 2023 13:00 Central European Time (Stockholm)	ons 15 feb. 2023 12:00 Central European Time (Stockholm)	Linköping - Bröderna Ugglas Gata
tis 7 mars 2023 13:00 Central European Time (Stockholm)	ons 8 mars 2023 12:00 Central European Time (Stockholm)	Järfälla - Nettovägen 6
tors 20 apr. 2023 13:00 Central European Time (Stockholm)	fre 21 apr. 2023 12:00 Central European Time (Stockholm)	Göteborg - Solhusgatan 10
tis 25 apr. 2023 13:00 Central European Time (Stockholm)	ons 26 apr. 2023 12:00 Central European Time (Stockholm)	Jönköping - Östra Storgatan 3
tis 2 maj 2023 13:00 Central European Time (Stockholm)	ons 3 maj 2023 12:00 Central European Time (Stockholm)	Linköping - Bröderna Ugglas Gata
tis 9 maj 2023 13:00 Central European Time (Stockholm)	ons 10 maj 2023 12:00 Central European Time (Stockholm)	Järfälla - Nettovägen 6
tis 30 maj 2023 13:00 Central European Time (Stockholm)	ons 31 maj 2023 12:00 Central European Time (Stockholm)	Jönköping - Östra Storgatan 3
ons 7 juni 2023 13:00 Central European Time (Stockholm)	tors 8 juni 2023 12:00 Central European Time (Stockholm)	Linköping - Bröderna Ugglas Gata
tis 29 aug. 2023 13:00 Central European Time (Stockholm)	ons 30 aug. 2023 12:00 Central European Time (Stockholm)	Linköping - Bröderna Ugglas Gata
tis 26 sep. 2023 13:00 Central European Time (Stockholm)	ons 27 sep. 2023 12:00 Central European Time (Stockholm)	Järfälla - Nettovägen 6
tis 3 okt. 2023 13:00 Central European Time (Stockholm)	ons 4 okt. 2023 12:00 Central European Time (Stockholm)	Jönköping - Östra Storgatan 3
tis 17 okt. 2023 13:00 Central European Time (Stockholm)	ons 18 okt. 2023 12:00 Central European Time (Stockholm)	Linköping - Bröderna Ugglas Gata

tis 24 okt. 2023 13:00 Central European Time (Stockholm)	ons 25 okt. 2023 12:00 Central European Time (Stockholm)	Göteborg - Solhusgatan 10
tis 14 nov. 2023 13:00 Central European Time (Stockholm)	ons 15 nov. 2023 12:00 Central European Time (Stockholm)	Jönköping - Östra Storgatan 3
tis 21 nov. 2023 13:00 Central European Time (Stockholm)	ons 22 nov. 2023 12:00 Central European Time (Stockholm)	Järfälla - Nettovägen 6
tis 28 nov. 2023 13:00 Central European Time (Stockholm)	ons 29 nov. 2023 12:00 Central European Time (Stockholm)	Linköping - Bröderna Ugglas Gata
tis 5 dec. 2023 13:00 Central European Time (Stockholm)	ons 6 dec. 2023 12:00 Central European Time (Stockholm)	Jönköping - Östra Storgatan 3

3.1.5 Total Training Hours

DRT 1, 12 hrs duration

3.1.6 Costs

See Competence portal. For courses delivered outside of Sweden and the UK a bespoke pricing system will used.

3.1.7 Cancellation Policy

0-10 Business Days before the course - 100% course cost 11-20 Business Days before the course - 50% course cost

3.1.8 Validity, certificates and development plan

Validity: Three years from completing the DRT 1course

Certificates: Diplomas are awarded upon completing the course.

Development plan: For retaining skills, validity is renewed with the successful

completion of the course

3.2 Equipment

3.2.1 Equipment to Bring to DRT 1

DRT 1 requires practical and durable, robust clothing for in- outdoor use as well as note-taking materials. (If weather is dry some events may be performed outdoors). Saab Tropical work gear is the ideal clothing for both DRT 1.

3.2.2 Individual Equipment Received at DRT 1

- ITK
- Travel medicine handbook
- Reflective vest
- Tropical Work Gear information
- Travel Security Kit information
- Travel Security Card/Travel Insurance Card
- Meal Ready to Eat and spoon (hot water can be provided)

3.3 Accommodation

3.3.1 Accommodation DRT

Accommodation is only provided on DRT in Jönköping. The place of accommodation is Scandic Portalen.

3.3.2 Course administration

For questions and ordering local courses contact Anton Björklund, 073-4187260 , anton.bjorklund@saabgroup.com Course Coordinator

Booking inquiries

Course Administrator – <u>TeamDRT@saabgroup.com</u>

3.3.3 Supervisors and instructors

Instructors, Assistant Instructors and Supervisors are appointed by the Training Director, Group Security internally and externally.

Healthcare and security/safety instructors can be the same person provided they are qualified in both areas.

5. TERMININOLOGY

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Training encompasses concepts and abbreviations that are used in international security-related contexts. During the course, English terms are used because English is the most common language we come in contact with in this context.

Abbreviation	Description
L	Lethal situation, life threatening bleeding
A	Airway
В	Breathing
C	Circulation
CPR (HLR)	Cardiopulmonary resuscitation
D	Disability
E	Exposure
AVPU	Awake/alert or Voice, Pain, Unresponsive
VCP	Vehicle Check-Point
IED	Improvised Explosive Device
UXO	Unexploded Ordnance
STOP	Stop, Think, Orientate, Plan
MIST	Mechanism of injury Injuries Signs and symptoms Treatment
	rendered
CSP	Country Security Plan
CHB	Country Handbook
SAF	Small Arms Fire
RPG	Rocket Propelled Grenade
ITK	Individual Trauma Kit
UTK	Unit Trauma Kit
UMK	Unit Medical Kit
PPG	Personal Protection Gear
TSK	Travel Security Kit
JMS	Journey Management System
NPTP/PTP	Travel Pharmacy
ISK	Individual Sterile Kit
AED	Automated External Defibrillator
TWG	Tropical Work Gear
MRE	Meal Ready to Eat

Golden hour 1 hr. time period from a casualty's point of injury to the handover to properly equipped medical professionals.

Who, What, What, Where, When, What, What, What